

Tracy Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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K-5 & K-8 Universal Breakfast

at Central, Jacobson, McKinley, North,
SouthWest and Villalovoz

August-October 2021

	Portion Size	Carb (g)
Monday		
K-5 & K-8 Universal Breakfa	Total	
Pop Tart: Strawberry WG 2 pk	2 pack	75.0
Fruit, fresh, assorted	1/2 cup	20.73
Fruit, 100% juice, assorted	carton	16.0
Milk, white, 1%	8 oz. Carton	16.0

Tuesday		
K-5 & K-8 Universal Breakfa	Total	
Pancake, Mini Maple Burst'n Pl	1 ea	39.0
Fruit, shelf stable, assorted	1/2 cup	21.28
Fruit, 100% juice, assorted	carton	16.0
Milk, white, 1%	8 oz. Carton	16.0

Wednesday		
K-5 & K-8 Universal Breakfa	Total	
Cinni Minis, whole grain rich	Packet	40.0
Fruit, fresh, assorted	1/2 cup	20.73
Fruit, 100% juice, assorted	carton	16.0
Milk, white, 1%	8 oz. Carton	16.0

Thursday		
K-5 & K-8 Universal Breakfa	Total	
Cereal Bowl, assorted flavors	bowl	46.0
Fruit, shelf stable, assorted	1/2 cup	21.28
Fruit, 100% juice, assorted	carton	16.0
Milk, white, 1%	8 oz. Carton	16.0

Friday		
K-5 & K-8 Universal Breakfa	Total	
Crunchmania	packet	37.0
Fruit, fresh, assorted	1/2 cup	20.73
Fruit, 100% juice, assorted	carton	16.0
Milk, white, 1%	8 oz. Carton	16.0

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.