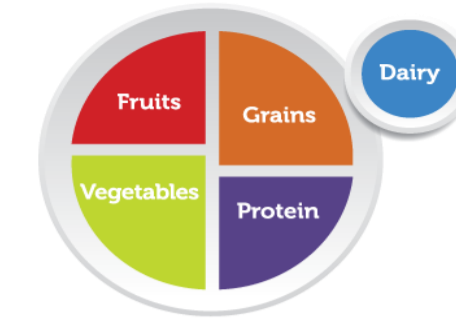





# Tracy Unified School District Afterschool Meal Program October 2021



## Supper

*Supper includes choice of one (1) main entrée, fruit and vegetable choices which vary by day, and choice of milk. Students must select 3 of the 5 food components.*

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">4</p> <p><b>Select One Supper Entrée:</b> Teriyaki Chicken &amp; Rice Nacho Cheese, Tortilla Chips &amp; Salsa* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">5</p> <p><b>Select One Supper Entrée:</b> Personal Pepperoni (prk &amp; beef) Pizza Personal Cheese Pizza* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">6</p> <p><b>Select One Supper Entrée:</b> Bacon (tky) Cheeseburger (beef) &amp; Tots Wowbutter Sandwich* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">7</p> <p><b>Select One Supper Entrée:</b> Cheeseburger Meatloaf (beef) SunButter &amp; Cheese Power Box* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">8</p> <p><b>Select One Supper Entrée:</b> Chicken Nuggets Grilled Bean &amp; Rice Burrito* Garden Salad Fresh Fruit 1% White Milk</p>
<p style="text-align: right;">11</p> <p><b>Select One Supper Entrée:</b> Penne Marinara &amp; Meatballs (beef) Penne Alfredo* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">12</p> <p><b>Select One Supper Entrée:</b> Roasted Chicken Mini Cheese Ravioli Bites* &amp; Marinara Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">13</p> <p><b>Select One Supper Entrée:</b> Turkey Taco Nada Bites SunButter Cup &amp; Crackers* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">14</p> <p><b>Select One Supper Entrée:</b> Teriyaki Beef Blasters Cheese Pizza Pack* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">15</p> <p><b>Select One Supper Entrée:</b> Chicken Burrito Four Cheese Tortellini* Garden Salad Fresh Fruit 1% White Milk</p>
<p style="text-align: right;">18</p> <p><b>Select One Supper Entrée:</b> Teriyaki Chicken &amp; Rice Nacho Cheese, Tortilla Chips &amp; Salsa* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">19</p> <p><b>Select One Supper Entrée:</b> Personal Pepperoni (prk &amp; beef) Pizza Personal Cheese Pizza* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">20</p> <p><b>Select One Supper Entrée:</b> Bacon (tky) Cheeseburger (beef) &amp; Tots Wowbutter Sandwich* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">21</p> <p><b>Select One Supper Entrée:</b> Cheeseburger Meatloaf (beef) SunButter &amp; Cheese Power Box* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">22</p> <p><b>Select One Supper Entrée:</b> Chicken Nuggets Grilled Bean &amp; Rice Burrito* Garden Salad Fresh Fruit 1% White Milk</p>
<p style="text-align: right;">25</p> <div style="text-align: center;">  <p><b>No School Staff Work Day</b></p> </div>	<p style="text-align: right;">26</p> <p><b>Select One Supper Entrée:</b> Roasted Chicken Mini Cheese Ravioli Bites* &amp; Marinara Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">27</p> <p><b>Select One Supper Entrée:</b> Turkey Taco Nada Bites SunButter Cup &amp; Crackers* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">28</p> <p><b>Select One Supper Entrée:</b> Teriyaki Beef Blasters Cheese Pizza Pack* Garden Salad Fresh Fruit 1% White Milk</p>	<p style="text-align: right;">29</p> <p><b>Select One Supper Entrée:</b> Chicken Burrito Four Cheese Tortellini* Garden Salad Fresh Fruit 1% White Milk</p>

\*= Vegetarian

All meals are whole-grain rich and include choice of 1% white or nonfat chocolate milk. Menu subject to change without notice.  
Nutrition information can be found at <https://tusdfoodserves.com>. This institution is an equal opportunity provider.