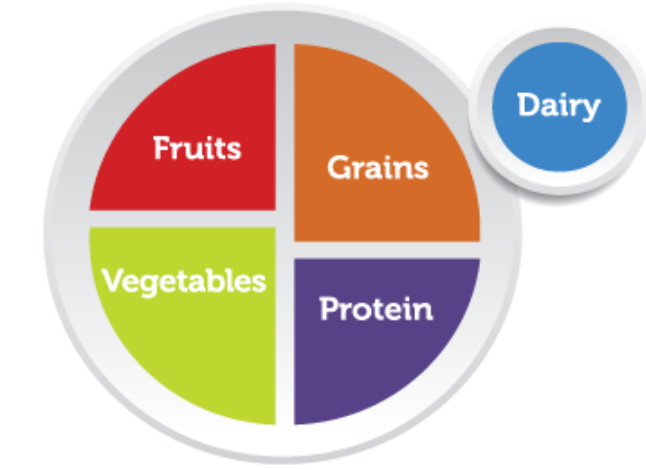




Tracy Unified School District

6-8 Breakfast & Lunch Menu

August - October 2021



Breakfast

Breakfast includes choice of one (1) main entrée, fruit and/or 100% fruit juice choices which vary by day, and choice of milk. Students must select 3 food items with one being a 1/2 cup of fruit/fruit juice.

Monday	Tuesday	Wednesday	Thursday	Friday
Select One Breakfast Entrée: PopTarts*	Select One Breakfast Entrée: Sausage (turkey) Breakfast Pizza	Select One Breakfast Entrée: Egg & Cheese Breakfast Sandwich*	Select One Breakfast Entrée: Egg & Cheese Breakfast Burrito*	Select One Breakfast Entrée: Pancake & Sausage (turkey) on a Stick
Breakfast Muffin*	Mini Pancakes*	Mini Cinnamon Rolls *	Waffle Grahams & Yogurt*	Crunchmania*
Cold Cereal Bowl*	Cold Cereal Bowl*	Cold Cereal Bowl*	Cold Cereal Bowl*	Cold Cereal Bowl*

Lunch

Lunch includes choice of one (1) main entrée, fruit and vegetable choices which vary by day, and choice of milk. Students must select 3 of the 5 food components with one being a 1/2 cup of fruit or vegetable.

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Specials: Domino's Pepperoni (pork & beef) Pizza	Daily Specials: Bacon Cheeseburger (turkey & beef) & Fries	Daily Specials: Pretzel Dog (beef)	Daily Specials: Bacon Cheeseburger (turkey & beef) & Wedge	Daily Specials: Domino's Pepperoni (pork & beef) Pizza
Domino's Cheese Pizza*	Spicy Chicken Tenders & Fries	Orange Chicken & Rice	Buffalo Chicken Wings & Wedges	Domino's Cheese Pizza*
Cheese Tamale*	Macaroni & Cheese*	Garlic Cheese Bread* & Marinara	Grilled Cheese Sandwich*	Nacho Cheese, Tortilla Chips & Salsa*
	Fresh Baked Cookie	Fortune Cookie	Mini Rice Krispy Treat	

* = Vegetarian

Additional Lunch Entrees Offered Daily (Monday - Friday):

Cheese Pizza*, Pepperoni Pizza (beef and turkey), Spicy Crispy Chicken Sandwich
Turkey & Cheese Sandwich, WowButter Sandwich*, and Grilled Rice & Bean Burrito*

All meals are whole-grain rich and include choice of 1% white or nonfat chocolate milk. Menu subject to change without notice. Nutrition information can be found at <https://tusdfoodserves.com>. This institution is an equal opportunity provider.